



Superintendent's Office
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Updated January 12, 2021

GUIDANCE FOR JSD HIGH SCHOOL ACTIVITIES

TRAVELING OUTSIDE OF JUNEAU

Each travel opportunity is considered on the individual conditions at the time of travel. Travel outside of Juneau requires advance approval due to the logistics in canceling or changing reservations, etc. Activities Directors and Principals work closely with the Director of Student Services as travel approaches so decisions can be made in a timely manner. Parents/guardians always have the option to opt out of travel, even if the team their child is participating in is approved for travel.

If a student gets sick while on a school trip, the student will be isolated and the parents/guardians contacted. If necessary, the parent/guardian may be asked to travel to the student's location and take over as primary caretaker.

CONSIDERATIONS FOR APPROVAL OF TRAVEL:

Are cases high or increasing in our community or the destination? The more cases in our community or at the destination, the more likely you are to get and spread COVID-19 as a result of your door-to-door travel. [Alaska Alert Levels](#)

Are hospitals in our community or the destination overwhelmed with patients who have COVID-19? [Alaska Hospital Status Dashboard](#)

What is the vaccination rate in our community and at the destination?

What is the vaccination rate of the coaches and team?

Length of trip.

Does Juneau or the destination have requirements or restrictions for travelers? Check local [mandates](#) before you travel.

Generally speaking:

- travel to communities which are in the low/green/minimal risk status, while Juneau is in minimal or Level 1 risk status is routinely approved.
- District-related staff and student travel is evaluated on a trip by trip basis at yellow and red risk levels, any level other than the lowest level a community uses. (either in Juneau or destination).
- travel under the yellow or red risk levels must be approved on an individual trip to trip basis and the considerations above will play a part in determining approval.
- If one of the locations (Juneau or the destination) are the very highest level for that community, whether defined as High/red or Very High/Dark Red, no travel will be permitted.**

- ❑ Any exception to this High/Very High protocol will be based on specific data points at time of travel.
- ❑ Final approval for travel rests with the Superintendent.
- ❑ The Superintendent consults with Juneau Public Health and CBJ.

COVID-19 TESTING:

For eligibility to participate in activities, compete in local events and to qualify for travel, a COVID-19 test will be required for all unvaccinated coaches and athletes and optional for all athletes and coaches.

Student athletes and coaches who are fully vaccinated can show proof of vaccination to be exempt from surveillance testing.

Anyone that has tested positive does not have to test for 90 days from the date of positive test/onset of symptoms, with the date provided by public health.

There is no cost to the athlete or coach. Insurance will be billed, but if insurance does not cover the cost of the test or the entire cost of the test, there will still be no cost to the family or the coach. There will be no copay. Zero cost to the student or the coach.

Tests will be processed at Bartlett Regional Hospital and results will be available within 24 hours.

In the initial registration for testing, test participants will need to upload a photo of their insurance card, ROI and a photo ID.

The purpose of surveillance testing for activities is to use every tool at our disposal to keep activities going and maximize opportunities for competition and travel. In addition, our top priority is to maintain in person learning full time, 5 days a week. Testing is one avenue to ensure that activities don't create COVID-19 exposure that could disrupt our in person school opportunities.

MANDATORY DRUG TESTING:

The mandatory drug testing requirement for activity participation has resumed for the 21-22 school year after a hiatus during the 20-21 school year.

Drug testing, including testing for the presence of illegal drugs, tobacco and alcohol, will be required during the term of the athletic activity for students who participate in competitive high school extracurricular athletic activities. Random testing will be conducted weekly during the term of each covered activity. A percentage, not to exceed 15%, of the students participating at each school in each sports program that is in season will be tested each week. Students shall be selected for testing by lottery drawing or other random means from a pool of all students participating in a given sport at the time of the drawing.

MASKS:

1. **Masks** are required by all adults and by players who are not actively participating--both at practice and competitions.
2. **Players have two options: Wear a mask while practicing and competing OR participate in the additional testing required to play without masks as outlined below.**
3. **Weekly required PCR testing** for unvaccinated athletes and coaches is still required.
4. All testing requirements of destination team/school/community must be followed.

Additional testing requirements to play without masks

1. To play unmasked at home events:

- JSD vaccinated and unvaccinated athletes who choose to play unmasked will take an antigen test the day of the event (students will test themselves on site and show coach results)
- visiting teams will have a choice to test within 48 hours (or 72 if need be) prior to traveling if they want to play unmasked, otherwise they need to mask while they play in Juneau

2. To play unmasked during travel (away) events:

- All JSD traveling athletes will PCR test the week of travel within 48 hours of travel if they wish to play unmasked
- All JSD traveling athletes who have competed without masks will be required (while it is available) to test at the airport upon return

3. To be unmasked at practices:

- Between the travel testing and the antigen testing, teams will be testing anywhere from 2 - 3 times a week.
- Antigen testing will not be required each day of practice.
- If for some reason a team isn't actively competing for a week, we will consider an antigen test for one of their practices for all athletes

The above testing requirements listed in #1, 2 and 3 are for all unmasked athletes (vaccinated or not) who have not had COVID in the past 90 days. The 90 days starts with the date of the positive test or the first day of symptoms, whichever comes first. That is the only exception to the testing requirements above for athletes who wish to play unmasked.

LODGING:

If the team is staying at a hotel, there can be only one student per bed, no more than three students in a room. If not possible, other arrangements must be approved in advance.

Group housing is an option with mitigation measures in place.

Length of trips will be minimized as much as possible.

Avoid taking the elevator with people outside your group. Avoid hotel game rooms, pools, hot tubs, saunas, and fitness centers.

FOOD:

Take out, delivery or food from grocery stores taken back to rooms is preferred.

When traveling to a low or moderate level community, teams can choose to dine in.

VISITORS:

Athletes will not be allowed to go with family members who are not in their immediate family (who they live with regularly) or have family members/visitors in team hotel rooms. A family may choose to travel with the team and have their child stay with them in their room, rather than a team room.

RETURNING TO JUNEAU:

- The State of Alaska and City and Borough of Juneau currently have no travel testing or quarantine requirements.
- Testing of non-vaccinated people is the best means for limiting the spread of COVID-19 virus and variants, so it is recommended that travelers take advantage of the free COVID-19 testing available at the airport.
- Vaccines are available at the Juneau airport for travelers.
- Social distancing is recommended until test results are available.
- Testing is not recommended for individuals who have tested positive for COVID-19 within 90 days.
- Get tested and self-isolate if you get sick or develop COVID-19 symptoms.

POST SEASON PLAY:

Any team or individual who qualifies for state will be considered using the criteria listed above. Length of trip, opportunity to quarantine following, COVID testing protocols, mitigating factors such as declining COVID numbers in the destination or a stand alone event that is responsible for a high risk status, local mitigation requirements that exist at the destination location, vaccine status of state and individuals on team, are items to be considered if there are any exceptions to travel. Travel to Very High Risk levels will be likely declined.

Families always reserve the right to not participate in travel at any point in the season and such decisions will not have an adverse impact on their status on the team.

Ultimately, our priority remains focused on balancing the needs in stabilizing school operations, contributing to a low community health risk, and providing sustained activities programming with the least amount of disruptions to seasons and school operations.

Guidance to be updated regularly.