

## **Ed's Raised Box Recipe- Ed's Edible Landscaping 907-209-8905**

**Materials** for a 12"x4'x8' box-may be scaled up

2pcs-2 x 12" x 8' sides

2pcs-2 x 12" x 4' ends

4-2" x 4" x 12" ends blocking/reinforcing

Approx. 32-3" screws or 16d common nails

Flattened cardboard to cover 6' x 10' patch of lawn as weed barrier

Build box and place on top of cardboard

### **Filling**

4-6" manure fresh or composted-worm food/nutrients/organic matter

One-two buckets of fish scraps if you dare

Two buckets coffee grounds-scent camouflage for fish with the manure

Four to six buckets seaweed

Two to four buckets spent brewers grain

Mix in one quart of wood ashes

Finish filling box with good draining topsoil or even sand until heaping-this will settle

Cover with clear plastic for the winter to allow worms and soil microbes to break down the mixture

### **Cook for six months**

Uncover in late April/early May and add one quart of balanced organic blend fertilizer-well mixed in top 4" of soil

Plant seeds and stand back

Water as necessary

PVC hoops covered with clear plastic may accelerate growth

### **Harvest, Rinse, Repeat**